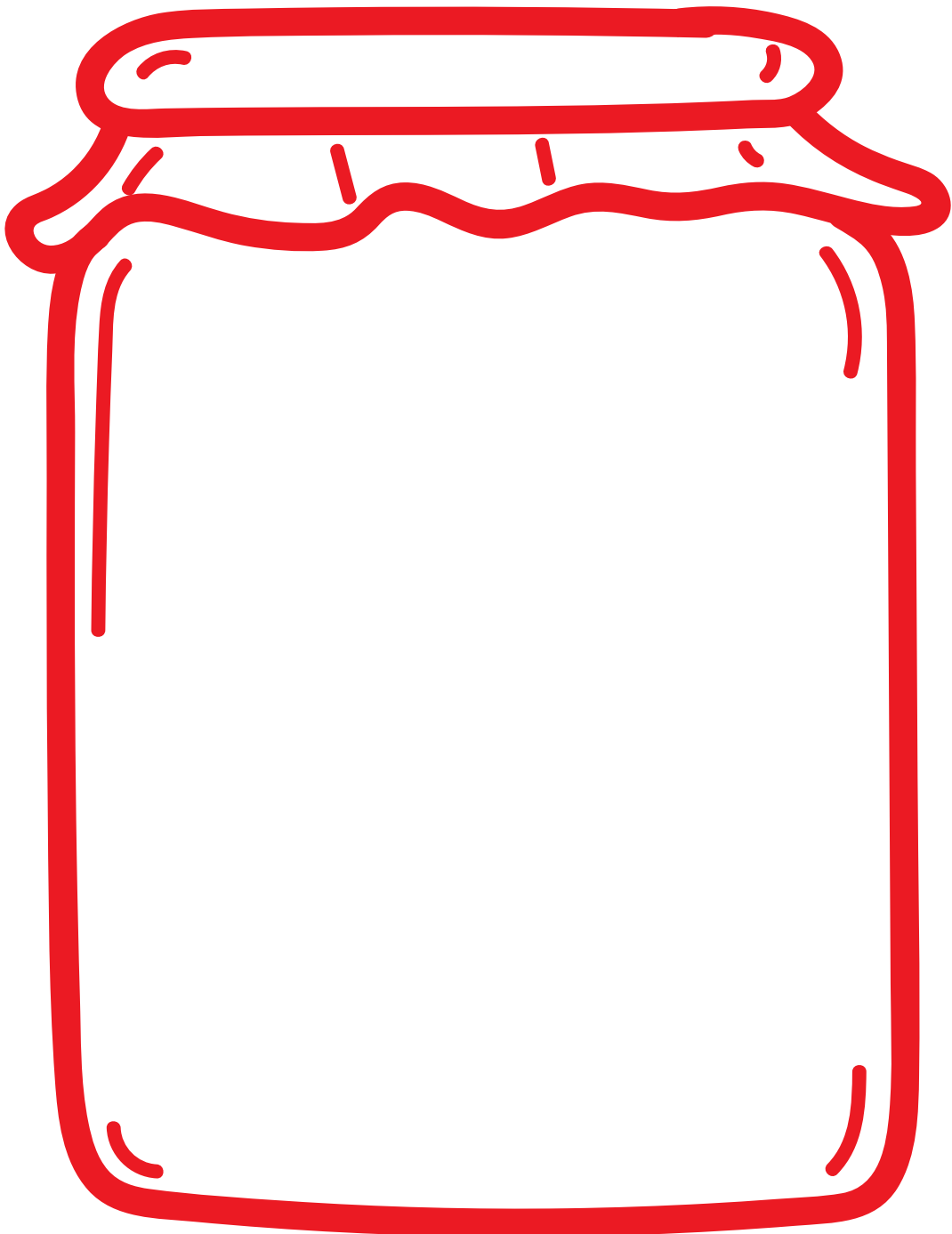


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Join us in celebrating gratitude! Practice by expressing your gratitude with the jar below. Each day write one thing that you are grateful for in the jar. Remember you can be grateful for anything!



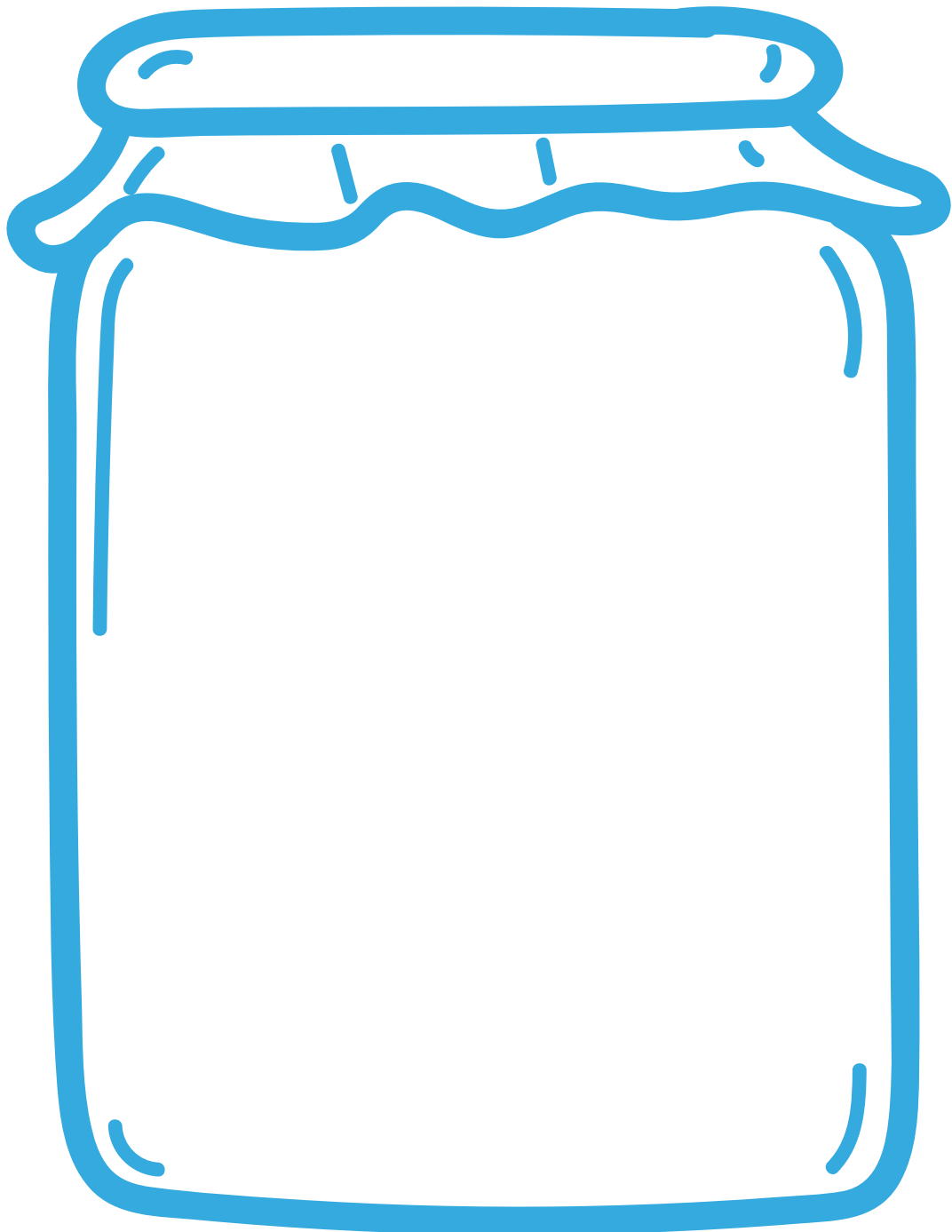
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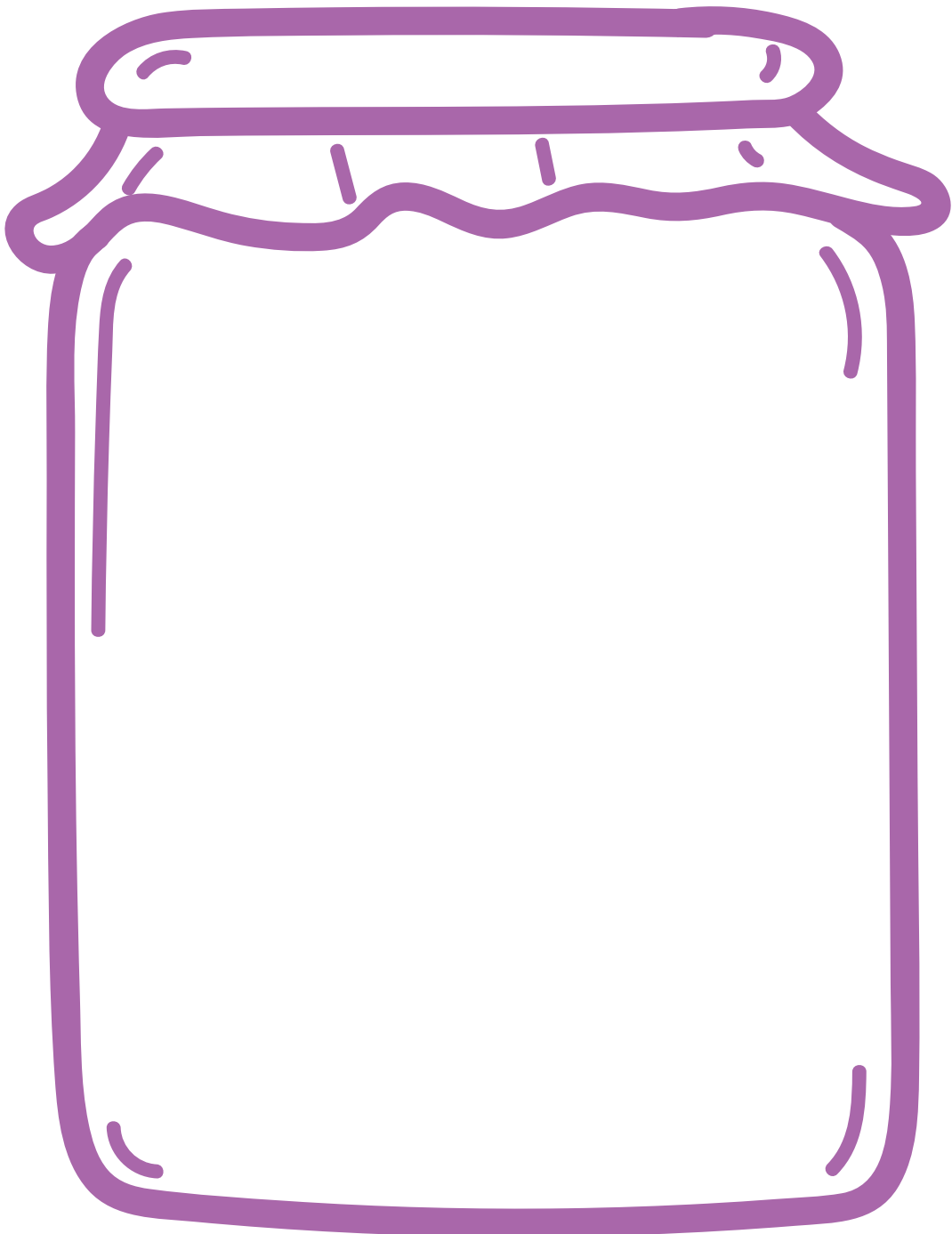
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